

HEAVY METAL PARAMETERS FOR SHELLFISH

Measured Parameter (Symbol) Unit	Midwest Lab Report Limit ^{†, 12}	Saltwater (35 ppt) Composition ⁸	FDA Action Level ^{†, 5}	Removal	Comments
Arsenic (As) mg/L	0.0005	0.0026	86.0	<ul style="list-style-type: none"> Biological filtration Biosorption removal (94%) with powdered raw avocado seed⁴ 	<ul style="list-style-type: none"> High accumulation by marine organisms is well-known natural phenomenon⁹ EDTA may increase bioavailability, lowering healthy D-larvae yields¹⁰
Barium (Ba) mg/L	0.005	0.021		<ul style="list-style-type: none"> Precipitation, metal chelators, ion exchange, coagulation, flocculation, and biological processes such as microbial metal uptake¹⁶ 	<ul style="list-style-type: none"> Normal embryonic development can be inhibited in mussels and sea urchins at ~200 ppb³
Cadmium (Cd) mg/L	0.002	0.00011	4.0	<ul style="list-style-type: none"> Addition of 1 mg/mL EDTA (metal chelator) improved survival of D-larvae blue mussels¹⁰ 	<ul style="list-style-type: none"> Retail manila clams contained <0.5 µg/g of meat, below international safety guidelines of 2 µg/g wet weight¹⁹ Levels of cadmium tend to be higher in Pacific Ocean than Atlantic due to a “conveyor belt system” Levels relatively higher in oysters and shrimp, moderately high in scallops and squids, less in clams²⁰
Chromium (Cr) mg/L	0.01	0.0002	13.0	<ul style="list-style-type: none"> Addition of 1 mg/mL EDTA improved survival of D-larvae blue mussels¹⁰ 	<ul style="list-style-type: none"> Pearlshell mussel (1-week post-set) successfully cultured and tested in acute 96 h Cr exposures (919 µg/L EC50)²¹ Elevated temperature increased acute toxicity
Copper (Cu) mg/L	0.01	0.0009		<ul style="list-style-type: none"> Using L-threonine-modified palygorskite⁴ Addition of 1 mg/mL EDTA improved survival of D-larvae blue mussels¹⁰ 	<ul style="list-style-type: none"> <i>Venerupis decussata</i> (carpet shell): 0.1 mg/L resulted in 100% mortality after 50 days¹⁶ <i>Cupric chloride</i>: Oyster larvae - 32.8 ppb for 50% mortality and 56 ppb for 95% mortality; Clam larvae - 11.7-16.4 ppb⁷ for 50% mortality and 28 ppb for 95% mortality² <i>Copper sulfate</i>: 0.7-1 mg/L used to control algae and some pathogens⁶ Algae can concentrate copper; ingesting copper-containing <i>Isochrysis galbana</i> was a source of toxicity for larval clams⁷ Affected by dissolved organic matter, alkalinity, pH, age and size of organism, feed, acclimation time⁶

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Iron (Fe) ppm	0.05	0.0034		<ul style="list-style-type: none"> Filtration after oxidation with air, potassium permanganate, or chlorine¹⁷ 	<ul style="list-style-type: none"> Shrimp: >20 mg/L can lead to iron hydroxide formation. Precipitate can settle on eggs and damage or kill them¹ Blue mussel: Toxic shellfish levels are not known. Oxidative stress caused by iron could contribute to reduced embryo survival rates¹¹
Lead (Pb) mg/L	0.0005	0.00003	1.7	<ul style="list-style-type: none"> Adsorption: <i>Eucalyptus globulus</i> leaf powder Addition of 1 mg/mL EDTA improved survival of D-larvae blue mussels¹⁰ EDDS (biodegradable metal chelator) at concentrations of 3 and 12 µM works as effectively as EDTA¹¹ 	<ul style="list-style-type: none"> Black clams: chronic toxicity value of 0.64 mg/L. Concentrations of 10 and 100 µg/L induced cellular damage. Pb content decreased at the end of the depuration period (14 days) by 1.7% and 41% in the gills and 59% and 39% in the digestive gland¹⁴
Mercury (Hg) mg/L	0.0004	0.00015	1.0	<ul style="list-style-type: none"> Coagulation/filtration, granulated activated carbon, lime softening¹⁵ 	<ul style="list-style-type: none"> <i>Mercuric chloride</i>: Oyster larvae - 12.0 ppb for 50% and 20.7 ppb for 95% mortalities; Clam larvae - 14.7 ppb for 50% and 25.4 ppb for 95% mortalities² EDTA may increase bioavailability, lowering healthy D-larvae yields¹⁰
Nickel (Ni) mg/L	0.01	0.0066	80.0	<ul style="list-style-type: none"> Precipitation, metal chelators, ion exchange, coagulation, flocculation; and biological processes such as microbial metal uptake¹⁶ 	<ul style="list-style-type: none"> <i>Nickle chloride</i>: Oyster larvae - 1,200 ppb for 50% and 2,500 ppb for 95% mortalities; Clam larvae - 4,700 ppb for 50% and 10,300 ppb for 95% mortalities²
Thallium (Tl) mg/L	0.0005		80.0	<ul style="list-style-type: none"> Precipitation, metal chelators, ion exchange, coagulation, flocculation; and biological processes such as microbial metal uptake¹⁶ 	<ul style="list-style-type: none"> No data available on the accumulation in shellfish¹⁸
Zinc (Zn) ppm	0.01	0.005		<ul style="list-style-type: none"> Addition of 1 mg mL/ EDTA improved survival of D-larvae blue mussels¹⁰ EDDS at concentrations of 3 - 12 µM works as effectively as non-degradable EDTA¹¹ 	<ul style="list-style-type: none"> <i>Zinc chloride</i>: Clam larvae - 195 ppb for 50% and 341 ppb for 95% mortalities² Zinc is a vital metal for several biological processes including shell formation, but can be toxic for mussels in high concentration¹³

† The smallest amount or lowest concentration of a substance that Midwest Laboratories can determine following established EPA analytical procedures.

* Action levels represent limits at or above which the US Food & Drug Administration (FDA) will take legal action to remove adulterated products, including shellfish, from the market. Established based on the unavoidability of the poisonous or deleterious substance and do not represent permissible levels of contamination where it is avoidable.

REFERENCES

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ADDITIONAL RESOURCES

Consumer Confidence and Safety

Farrell, Hazel, et al. (2018) [An assessment of potential heavy metal contaminants in bivalve shellfish from aquaculture zones along the coast of New South Wales, Australia](#). *Food Protection Trends* 38.1: 18-26.

Case Studies

Chesapeake Bay: Di Giulio, Richard T., and Patrick F. Scanlon. (1985) [Heavy metals in aquatic plants, clams, and sediments from the Chesapeake Bay, USA Implications for waterfowl](#). *Science of the total environment* 41.3: 259-274.

New Zealand: McDougall, Daniel R., Trevyn A. Toone, and Andrew G. Jeffs. (2022) [Natural heavy metal concentrations in seawater as a possible cause of low survival of larval mussels](#). *Journal of Trace Elements in Medicine and Biology* 74: 127071.

Spain: Franco, Javier, et al. (2002) [Heavy metals in molluscs from the Basque Coast \(Northern Spain\): results from an 11-year monitoring program](#). *Marine Pollution Bulletin* 44.9: 973-976.